

SCIENTIFIC AGENDA | 06th - DECEMBER - 2025

DAY 01

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| 10:00 - 11:00 | Workshop: Publish & Flourish: Step-By-Step Masterclass on Writing High-Impact Papers | Dr. Arti Muley |
| 11:00 - 13:00 | Workshop: Artificial Intelligence Bootcamp for Clinicians | Dr. Harsh Atul Hirani |
| 13:00 - 14:00 Lunch | | |
| 14:00 - 14:30 | Medico-Legal Enactment: She Wasn't "Just Anxious": Missed Acute Myocardial Infarction in Woman - Clinical Red Flags and Legal Consequences Producer & Director: Dr. Mohsin Aslam | Characters: Dr. Smitha Bhat, Dr. Shobha Devi Dr. Lothika Purohit, Dr. Riyaz Mohammed, Dr. Sushma Rathod, Laxmalla DileepKumar |
| 14:30 - 14:50 | Under representation of women in clinical trial Chairpersons: Dr. Keerthana Yadav, Dr. Jayesh Shah, Dr. Tripti Deb | Dr. Arti Muley |
| 14:50 - 15:10 | Adiposity, Glycemic Dysregulation, And Disordered Sleep In Women: Bidirectional Pathways and Hormonal Influences Chairpersons: Dr. Chirali Shah, Dr. Battu Chaitanya, Dr. Kiranmayi Pagadala | Dr. Lotika Purohit |
| 15:10 - 15:30 | Her Kidneys, Her Risks: Why Women Develop, Progress, and Die Differently from CKD Chairpersons: Dr. Kiranmayi, Dr. Aman Jha, Dr. Mudassir | Dr. Manisha Sahay |
| 15:30 - 15:50 | Keynote Address: Gender specific CV risk – Closing the gap Chairpersons: Dr. B.N. Ravi Kumar, Dr. Smitha Bhat, Dr. Anne Beatrice | Dr. Usha Sriram |
| 15:50 - 16:30 | EVASTIRDE ORATION: Manipulation of Gut Microbiota in Diabetes and Metabolic Diseases In Women Chairpersons: Dr. Lily Rodrigues, Dr. N. G. Sastry, Dr. Rajiv Kumar Bandaru | Dr. N. K. Singh |
| 16:30 - 17:00 INAUGURATION OF EVASTIRDE 2025 | | |
| 17:00 - 17:30 | Panel Discussion: The interplay of hormonal dysregulation and cardiometabolic risk : can the endocrinologist break your heart? Moderator: Dr. Lilly Rodrigues | Pannelists: Dr. Sridevi Paladugu, Dr. Tripti Deb, Dr. Chandhana Merugu, Dr. Syed Akram Ali |
| 17:30 - 17:50 | She Fasted for Faith, Not for Health: Managing Diabetes in Women During Religious Fasting Chairpersons: Dr. Prathiba Lakshmi, Dr. Gururaj Kulkarni, Dr. Abhinav Vedhira | Dr. Sri Nagesh |
| 17:50 - 18:30 | The Big Question: Men – help or hindrance to women's health Chairpersons: Dr. Hemalatha, Dr. Ganga Kiran, Dr. Dhanasri Naidu | Dr. Faraz Farishta Vs Dr. Arifa Farheen |
| 18:30 - 18:50 | Acing The MACE Paradigm: SELECTing Semaglutide 2.4 mg For Cardiovascular Care In People With Overweight/Obesity Chairpersons: Dr. Taru Gupta, Dr. Md. Samiullah, Dr. Shobha Devi | Dr. Pramila Kalra |
| 18:50 - 19:10 | Semaglutide 2.4mg: STEpping Into Realms Of High Efficacy Obesity management Medications Dr. GJD Rao, Dr. Sangeeta K., Dr. K. Satyanarayana | Dr. Vidya Tickoo |
| 19:15 Onwards NETWORKING DINNER | | |

SCIENTIFIC AGENDA | 07th - DECEMBER - 2025

DAY 02

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| Workshop: Empowering Womens Health: Diet And Lifestyle Strategies To Prevent NCD's Moderator: Dr. Haritha Shyam | | |
| 09:00 - 10:00 | Eat Like A Women: Nutrition That Works With Your Hormones, Not Against Them | Dr. Latha Shashi |
| | Strong Is Beautiful: Fitness That Empowers Every Women | Dr. Nadeemuddin |
| | Yoga: Every Women's Super Power - Practical Session | Ms. Abha Sharma |
| 10:00 - 10:20 | Zero-Calorie Sweeteners: Safe Treat Or Silent Threat To Women's Health Chairpersons: Dr. Vanishree, Dr. B. Janaki, Dr. Madhulika Arutla | Dr. Bijay Patni |
| 10:20 - 10:50 | The Great Fight: PCOS: A Disease of Ovaries or A Disease of Metabolism? Tonight We Settle It Chairpersons: Dr.G.Chandrakala, Dr.Mote Srikanth, Dr.Dilip Kandar | Dr.Nandini Joshi Vs Dr. Sruti Chandrasekaran |
| 10:50 - 11:10 | Female-Specific Stroke Risk: The Role of Reproductive Factors, Hormonal Transitions & Oral Contraceptives Chairpersons: Dr. C. Sairam, Dr. Pavithra, Dr. Madhavi Karri | Dr. Sudha Vidyasagar |
| 11:10 - 12:40 RSSDI SYMPOSIUM (Moderators: Dr. Udai Lal, Dr. Riyaz Mohammed) | | |
| 11:10 - 11:30 | GDM 2025: Beyond Glucose Number - Nutrition, Technology and Postpartum Empowerment Chairpersons: Dr. Madhu Chittarvu, Dr. K. Shankar, Dr. Brij Mohan Subedar | Dr. Mythili Ayyagari |
| 11:30 - 11:50 | She's Losing Muscle Before She loses Bone: Sarcopenia - The Overlooked NCD in Women Chairpersons: Dr. R. Venkateshwarulu, Dr. Srirang Abkari, Dr. Pradnya Kamble | Dr. Vinod Mittal |
| 11:50 - 12:10 | Osteoporosis in Women: The Silent NCD Stealing Strength - From Peak Bone Mass to Post-Menopausal Fracture Prevention Chairpersons: Dr. Thirupati Rao Deconda, Dr. Naresh Goud, Dr. N. G. Sastry, Dr. Neha Ajani | Dr. Rakesh Sahay |
| 12:10 - 12:30 | Endocrine Disruptors, Obesity, and Hypertension in Women: An Overlooked Public Health Crisis Chairpersons: Dr. Naval Chandra, Dr. Sanjoy Paul, Dr. Aleemuddin | Dr. Anne Beatrice |
| 12:30 - 12:40 DISCUSSION | | |
| 12:40 - 13:00 | From PCOS To MAFLD: Understanding The Female Specific Path To Metabolic-Associated Fatty Liver Disease Chairpersons: Dr. Abubaker, Dr. Ramaswamy, Dr. Jamuna Rani | Dr. R. Santosh |
| 13:00 - 13:20 | T2DM + 3RF: Transforming Treatment Paradigms For The Most Vulnerable Chairpersons: Dr. V. Madhavi, Dr. Sindhu Joshi, Dr. Thrivikram | Dr. Belinda George |
| 13:20 - 13:40 | iGlarLixi: A SOLID Approach For Comprehensive T2DM Chairpersons: Dr. Basvaraj, Dr. Mansoor Ali Khan Lodhi, Dr. Y. Yadgiri Rao | Dr. Mohsin Aslam |
| 13:40 - 14:00 VALEDICTORY FUNCTION | | |
| 14:00 Onwards LUNCH | | |